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8 UNITED STATES DISTRICT COURT
9 WESTERN DISTRICT OF WASHINGTON
AT TACOMA

10 DANIEL J. R.,

11 Plaintiff,

12 v.

13 COMMISSIONER OF SOCIAL
14 SECURITY,

15 Defendant.

CASE NO. 3:18-CV-05239-DWC

ORDER REVERSING AND
REMANDING DEFENDANT'S
DECISION TO DENY BENEFITS

16 Plaintiff filed this action, pursuant to 42 U.S.C. § 405(g), for judicial review of
17 Defendant's denial of Plaintiff's application for disability insurance benefits ("DIB"). Pursuant
18 to 28 U.S.C. § 636(c), Federal Rule of Civil Procedure 73 and Local Rule MJR 13, the parties
19 have consented to have this matter heard by the undersigned Magistrate Judge. *See* Dkt. 3.

20 After considering the record, the Court concludes the Administrative Law Judge ("ALJ")
21 erred when he failed to properly consider Plaintiff's subjective symptom testimony and the lay
22 witness testimony. Had the ALJ properly considered this evidence, the residual functional
23 capacity ("RFC") may have included additional limitations. The ALJ's error is therefore not
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1 harmless, and this matter is reversed and remanded pursuant to sentence four of 42 U.S.C. §
2 405(g) to the Commissioner of Social Security for further proceedings consistent with this Order.

3 FACTUAL AND PROCEDURAL HISTORY

4 On September 2, 2016, Plaintiff filed an application for DIB, alleging disability as of July
5 10, 2015.¹ See Dkt. 6, Administrative Record (“AR”) 13. The application was denied upon initial
6 administrative review and on reconsideration. See AR 13. ALJ John Michaelson held a hearing in
7 this matter on September 5, 2017. AR 31-67. In a decision dated September 26, 2017, the ALJ
8 determined Plaintiff to be not disabled. AR 10-30. The Appeals Council denied Plaintiff’s
9 request for review of the ALJ’s decision, making the ALJ’s decision the final decision of the
10 Commissioner. See AR 1-6; 20 C.F.R. §§ 404.981, 416.1481.

11 In Plaintiff’s Opening Brief, Plaintiff maintains the ALJ erred by: (1) failing to fully and
12 fairly develop the record; (2) not finding Plaintiff’s sleep apnea and panic disorder were severe
13 impairments at Step Two; (3) improperly considering the medical opinion evidence of record; (4)
14 failing to provide specific, clear and convincing reasons to discount Plaintiff’s subjective
15 symptom testimony; and (5) not providing germane reasons to reject lay testimony from
16 Plaintiff’s wife. Dkt. 8, pp. 3-19.

17 STANDARD OF REVIEW

18 Pursuant to 42 U.S.C. § 405(g), this Court may set aside the Commissioner’s denial of
19 social security benefits if the ALJ’s findings are based on legal error or not supported by
20 substantial evidence in the record as a whole. *Bayliss v. Barnhart*, 427 F.3d 1211, 1214 n.1 (9th
21 Cir. 2005) (citing *Tidwell v. Apfel*, 161 F.3d 599, 601 (9th Cir. 1999)).

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23 ¹ Plaintiff previously filed two other DIB applications. See AR 13. Neither party raises issues related to
24 those prior applications in the present case. See Dkts. 8, 11, 12.

DISCUSSION

I. Whether the ALJ failed to fully and fairly develop the record.

Plaintiff first asserts the ALJ failed to fully and fairly develop the record by not ordering a physical or mental consultative examination of Plaintiff. Dkt. 8, p. 3.

“An ALJ’s duty to develop the record further is triggered only when there is ambiguous evidence or when the record is inadequate to allow for proper evaluation of the evidence.” *Mayes v. Massanari*, 276 F.3d 453, 459-60 (9th Cir. 2001). Where the record, taken as a whole, is adequate to evaluate a claimant’s alleged impairment, the ALJ’s duty to develop the record is not implicated. *See id.*; *see also Baghoomian v. Astrue*, 319 Fed. Appx. 563, 566 (9th Cir. 2009). One of the means available to an ALJ to supplement an inadequate medical record is to order a consultative examination, *i.e.*, “a physical or mental examination or test purchased for [a claimant] at [the Social Security Administration’s (“SSA’s”)] request and expense.” *Reed v. Massanari*, 270 F.3d 838, 841 (9th Cir. 2001) (citing 20 C.F.R. §§ 404.1519, 416.919). Within this framework, “the Commissioner ‘has broad latitude in ordering a consultative examination.’” *Id.* (quoting *Diaz v. Sec’y of Health and Human Servs.*, 898 F.2d 774, 778 (10th Cir. 1990)).

In this case, Plaintiff asserts, in a general matter, the ALJ failed to fully and fairly develop the record because there was no evaluation in the record “clearly describing [Plaintiff’s] functional limitations.” Dkt. 8, p. 3. But Plaintiff fails to offer any particularized argument regarding how the evidence in the record was ambiguous or inadequate such that it triggered the ALJ’s duty to develop the record. *See id.*

Given the lack of specificity in Plaintiff’s argument, Plaintiff failed to demonstrate any harmful error on this issue. *See Bailey v. Colvin*, 669 Fed. Appx. 839, 840 (9th Cir. 2016) (citing *Ludwig v. Astrue*, 681 F.3d 1047, 1054 (9th Cir. 2012)) (finding no error where the

1 claimant did not “demonstrate prejudice from any errors”). The Court therefore rejects
2 Plaintiff’s conclusory argument. *See Valentine v. Comm’r of Soc. Sec. Admin.*, 574 F.3d 685,
3 692, n. 2 (9th Cir. 2009) (rejecting “any invitation” to find error where the claimant failed to
4 explain how the ALJ harmfully erred); *Yi v. Berryhill*, 2017 WL 2634211, at *6 (W.D. Wash.
5 June 19, 2017) (finding plaintiff failed to show the ALJ should have ordered a consultative
6 examination where plaintiff did not demonstrate the record was ambiguous or inadequate); *Dale*
7 *v. Colvin*, 2015 WL 5254221, at *5 (W.D. Wash. Aug. 19, 2015) (holding “evidence of mental
8 health impairments . . . may have been sparse, but neither ambiguous nor inadequate.
9 Accordingly, the duty to ‘conduct an appropriate inquiry’ was not necessarily triggered.
10 Additionally, as even [the claimant] cannot characterize what impairments the ALJ would have
11 found had she developed the record, there is no reason to expect the ALJ could have.”).

12 **II. Whether the ALJ properly considered all of Plaintiff’s impairments at Step**
13 **Two of the sequential evaluation process.**

14 Next, Plaintiff contends the ALJ erred by failing to find his sleep apnea and panic
15 disorder were severe impairments at Step Two of the sequential evaluation process. Dkt. 8, pp. 5-
16 6.

17 Step Two of the Administration’s evaluation process requires the ALJ to determine
18 whether the claimant “has a medically severe impairment or combination of impairments.”
19 *Smolen v. Chater*, 80 F.3d 1273, 1290 (9th Cir. 1996) (citation omitted); 20 C.F.R. §§
20 404.1520(a)(4)(ii), 416.920(a)(4)(ii) (1996). An impairment is “not severe” if it does not
21 “significantly limit” the ability to conduct basic work activities. 20 C.F.R. §§ 404.1522, 416.922
22 (2017). “Basic work activities are ‘abilities and aptitudes necessary to do most jobs, including,
23 for example, walking, standing, sitting, lifting, pushing, pulling, reaching, carrying or handling.’”
24 *Smolen*, 80 F.3d at 1290 (quoting 20 C.F.R. § 140.1521(b)).

1 Regarding mental impairments, the ALJ considers four broad functional areas. *See* 20
2 C.F.R. § 404.1520a (2017). If the ALJ rates the degree of a claimant’s limitation as “none” or
3 “mild”, the ALJ will generally conclude that the claimant’s impairment(s) is not severe, “unless
4 the evidence otherwise indicates that there is more than a minimal limitation in [the claimant’s]
5 ability to do basic work activities.” *Id.* at (d)(1). An impairment or combination of impairments
6 “can be found ‘not severe’ only if the evidence establishes a slight abnormality having ‘no more
7 than a minimal effect on an individual[’]s ability to work.’” *Smolen*, 80 F.3d at 1290 (quoting
8 *Yuckert v. Bowen*, 841 F.2d 303, 306 (9th Cir. 1988) (adopting Social Security Ruling (“SSR”)
9 85-28)).

10 At Step Two, the ALJ found Plaintiff had “the following severe impairments: depression,
11 anxiety/PTSD, and history of left ankle arthritis with flat feet[.]” AR 16. The ALJ discussed
12 Plaintiff’s sleep apnea diagnosis and related medical history at Step Two, but determined it was a
13 non-severe impairment because it did not “result in more than mild functional limitations[.]” AR
14 16. Further, although the ALJ did not mention Plaintiff’s panic disorder at Step Two, he
15 discussed Plaintiff’s panic attacks throughout his summary of the medical evidence. *See* AR 19-
16 21. Regarding Plaintiff’s mental health in general, the ALJ determined the RFC assessment “for
17 a low stress work environment with simple, routine tasks is consistent” with the mental status
18 examination findings and accounts for Plaintiff’s symptoms. AR 21.

19 To support his assertion that the ALJ erred by failing to find his sleep apnea was a severe
20 impairment, Plaintiff points to evidence in the record showing a diagnosis of “obstructive sleep
21 apnea” and related hearing testimony about his impaired sleep. Dkt. 8, p. 5 (citing AR 41-43,
22 528). Plaintiff fails, however, to point to any evidence in the record showing his sleep apnea
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1 significantly limits his ability to conduct basic work activities.² *See id.*; *see also* 20 C.F.R. §§
2 404.1522, 416.922 (an impairment is “not severe if it does not significant limit your physical . . .
3 ability to do basic work activities,” such as “walking, standing, [or] standing”). To the contrary,
4 evidence in the record indicates Plaintiff’s sleep apnea had – as the ALJ found – little to no
5 impact on his ability to conduct basic work activities. *See* AR 590 (physician opining the only
6 impact Plaintiff’s sleep apnea had on his “ability to work” was that “[h]e should not drive or
7 operate heavy machinery when sleepy”),³ AR 576 (physician opining Plaintiff’s sleep apnea had
8 no functional impact on his ability to work).

9 In light of Plaintiff’s lack of explanation, as well as the contradictory evidence in the
10 record, Plaintiff failed to show the ALJ harmfully erred with respect to his sleep apnea. *See Allen*
11 *v. Heckler*, 749 F.2d 577, 579 (9th Cir. 1984) (citation omitted) (“If the evidence admits of more
12 than one rational interpretation,” the Commissioner’s decision must be upheld); *Ludwig*, 681
13 F.3d at 1054 (“The burden is on the party claiming error to demonstrate not only the error, but
14 also that it affected his substantial rights.”); *see also Bustamante v. Massanari*, 262 F.3d 949,
15 953-54 (9th Cir. 2001) (the claimant bears the burden of proof at Step Two).

16 Regarding panic disorder, Plaintiff argues the ALJ should have found Plaintiff’s panic
17 disorder was a severe impairment due to medical evidence from Drs. Odessa D. Cole, Ph.D., and
18 Anette M. Matthews, M.D. Dkt. 8, pp. 5-6 (citing AR 383, 428, 642, 654-55). However, while

20 ² Plaintiff argues the ALJ failed to account for Plaintiff’s “need for afternoon naps” due to his sleep apnea.
21 Dkt. 8, p. 5 (citing AR 649). Notably, the record Plaintiff cites for this proposition states Plaintiff was going to “try
napping” with his CPAP machine in the afternoons. AR 649. The record does not state Plaintiff “needs” an
afternoon nap. *See* AR 649. Hence, Plaintiff’s argument is unsupported by the record.

22 ³ The Court notes that, even if the ALJ erred by failing to account for the limitation that Plaintiff “should
23 not drive or operate heavy machinery,” any error would be harmless, as none of the jobs the ALJ found Plaintiff
could perform at Step Five require Plaintiff to drive or operate heavy machinery. *See* Dictionary of Occupational
Titles (“DOT”) 729.687-014, 1991 WL 679734 (“electrode cleaner”); DOT 590.685-062, 1991 WL 684588
24 (“cleaning machine tender, semiconductor wafers”); DOT 724.685-014, 1991 WL 679550 (“weld inspector”).

1 these medical records document panic disorder diagnoses and mental health symptoms, Plaintiff
2 failed to explain how these records show he is more limited in his ability to conduct basic work
3 activities than what the ALJ accounted for in the RFC. *See id.* The Court’s review of these
4 records also does not reveal such harmful error. *See* AR 383, 428, 642, 654-55. Hence, Plaintiff
5 failed to demonstrate the ALJ committed harmful error regarding panic disorder at Step Two.
6 *Bowen v. Yuckert*, 482 U.S. 137, 146 n.5 (1987) (“The claimant first must bear the burden at . . .
7 step two that he has a medically severe impairment or combination of impairments[.]”); *see also*
8 *Carmickle v. Comm’r of Soc. Sec. Admin.*, 533 F.3d 1155, 1165 (9th Cir. 2008) (holding the ALJ
9 did not err by not classifying an impairment as severe at Step Two because “the medical record
10 does not establish any work-related limitations as a result of this impairment”).

11 **III. Whether the ALJ properly considered the medical opinion evidence.**

12 Plaintiff additionally argues the ALJ failed to properly evaluate all of the medical
13 evidence. Dkt. 8, pp. 3-7.

14 In assessing an acceptable medical source, an ALJ must provide “clear and convincing”
15 reasons for rejecting the uncontradicted opinion of either a treating or examining physician. *Lester*
16 *v. Chater*, 81 F.3d 821, 830 (9th Cir. 1995) (citing *Pitzer v. Sullivan*, 908 F.2d 502, 506 (9th Cir.
17 1990)); *Embrey v. Bowen*, 849 F.2d 418, 422 (9th Cir. 1988)). When a treating or examining
18 physician’s opinion is contradicted, the opinion can be rejected “for specific and legitimate reasons
19 that are supported by substantial evidence in the record.” *Lester*, 81 F.3d at 830-31 (citing *Andrews*
20 *v. Shalala*, 53 F.3d 1035, 1043 (9th Cir. 1995); *Murray v. Heckler*, 722 F.2d 499, 502 (9th Cir.
21 1983)).

22 “Other medical source” testimony, which the Ninth Circuit treats as lay witness testimony,
23 “is competent evidence an ALJ must take into account,” unless the ALJ “expressly determines to
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1 disregard such testimony and gives reasons germane to each witness for doing so.” *Lewis v. Apfel*,
2 236 F.3d 503, 511 (9th Cir. 2001); *Turner*, 613 F.3d at 1224. In rejecting lay testimony, the ALJ
3 need not cite the specific record as long as “arguably germane reasons” for dismissing the
4 testimony are noted. *Lewis*, 236 F.3d at 512.

5 In this case, Plaintiff’s Opening Brief provides a detailed summary of the medical
6 evidence contained in the record. *See* Dkt. 8, pp. 3-7. Plaintiff then argues the Court should find
7 the ALJ harmfully failed “to properly evaluate all of the medical evidence . . . as a reasonable
8 ALJ who properly evaluated” and credited this evidence “could have reached a different
9 disability determination.” *Id.* at 7. Plaintiff again fails, however, to allege any particularized error
10 with respect to *how* the ALJ failed to properly assess the summarized evidence.⁴ *See id.* at 3-7.
11 By failing to explain how the ALJ erred regarding these medical opinions, Plaintiff fails to show
12 the ALJ’s alleged mistreatment of this evidence was consequential to the RFC and the ultimate
13 disability determination. Therefore, the Court declines to consider whether the ALJ properly
14 considered these medical opinions.⁵ *See Carmickle*, 533 F.3d at 1161 n.2 (the court will not
15 consider an issue that a plaintiff fails to argue “with any specificity in his briefing”).

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20 ⁴ Although Plaintiff briefly mentions the Veterans Affairs (“VA”) Rating Decision (“VA Rating”) in the
summary of the medical opinion evidence, Plaintiff does not challenge the weight the ALJ gave to the VA Rating.
See Dkt. 8, p. 5. Thus, the Court does not assess whether the ALJ properly considered the VA Rating.

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22 ⁵ Even if the Court were to consider the merits of Plaintiff’s argument, a review of the evidence Plaintiff
summarized does not reveal harmful error. *See Davis v. Berryhill*, 736 Fed. Appx. 662, 665 (9th Cir. 2018) (citing
Burch v. Barnhart, 400 F.3d 676, 679 (9th Cir. 2005); *Thomas v. Barnhart*, 278 F.3d 947, 959 (9th Cir. 2002))
23 (“Though [the claimant] may disagree with the ALJ’s interpretation of the record, the latter’s interpretation is
supported by substantial evidence, which precludes the Court from engaging in second-guessing.”)

1 **IV. Whether the ALJ provided specific, clear and convincing reasons for**
2 **rejecting Plaintiff’s subjective symptom testimony.**

3 Plaintiff further contends the ALJ failed to properly evaluate Plaintiff’s subjective
4 symptom testimony. Dkt. 8, pp. 7-15.

5 To reject a claimant’s subjective complaints, the ALJ must provide “specific, cogent
6 reasons for the disbelief.” *Lester*, 81 F.3d at 834 (9th Cir. 1995) (citation omitted). The ALJ
7 “must identify what testimony is not credible and what evidence undermines the claimant’s
8 complaints.” *Id.*; *see also Dodrill v. Shalala*, 12 F.3d 915, 918 (9th Cir. 1993). Unless
9 affirmative evidence shows the claimant is malingering, the ALJ’s reasons for rejecting the
10 claimant’s testimony must be “clear and convincing.” *Lester*, 81 F.3d at 834 (citation omitted).
11 While the SSA’s regulations have eliminated references to the term “credibility,” the Ninth
12 Circuit has held its previous rulings on claimant’s subjective complaints – which use the term
13 “credibility” – are still applicable.⁶ *See* SSR 16-3p, 2016 WL 1119029 (Mar. 16, 2016); 2016
14 WL 1237954 (Mar. 24, 2016); *see also Trevizo v. Berryhill*, 871 F.3d 664, 678 n.5 (9th Cir.
15 2017) (noting SSR 16-3p is consistent with existing Ninth Circuit precedent). Questions of
16 credibility are solely within the ALJ’s control. *Sample v. Schweiker*, 694 F.2d 639, 642 (9th Cir.
17 1982). The Court should not “second-guess” this credibility determination. *Allen*, 749 F.2d at
18 580.

19 At the hearing, Plaintiff testified that he stopped working in July 2015 due to sleep apnea,
20 worsening panic attacks, and because his “feet go so bad” that he could not walk longer than 30
21 minutes. AR 41. Plaintiff stated that, due to his sleep apnea, he may get “no sleep.” AR 42.
22 Plaintiff experiences a headache and “mental fog” for about two hours in the morning. AR 43.

23 ⁶ Because the applicable Ninth Circuit case law refers to the term “credibility,” the Court uses the terms
24 “credibility” and “subjective symptom testimony” interchangeably.

1 He likewise reported that he “lose[s] mental track” of conversations and cannot “keep up” with
2 conversations lasting multiple hours. *See* AR 43.

3 Plaintiff made several statements at the hearing about his panic attacks. He reported that a
4 panic attack may last for up to three hours. AR 42. Moreover, Plaintiff testified that “people
5 talking for extended periods of time, traveling to places . . . [and] being outside the house”
6 increase his stress levels and “can frequently trigger a panic attack.” AR 53. If people talk too
7 long, Plaintiff’s “temper gets bad” and he cannot “calmly work through” the situation. *See* AR
8 53. Plaintiff stated his panic attacks are not well-controlled with medications. *See* AR 45-46.

9 Plaintiff testified that his daily activities depend on whether he is having a “good day” or
10 “bad day.” *See* AR 48-50. He spends a typical day “sit[ting] around the house.” AR 48. If he is
11 “having a good day,” he will “try to get up and do a few chores.” AR 48. On a good day,
12 Plaintiff will also “try to play” with his youngest child” and “maybe watch a video or two on the
13 computer.” AR 49. Plaintiff similarly said he may attend church or a school function for his
14 children “for maybe an hour” if he is having a “good day.” *See* AR 47-48. On a “bad day,”
15 Plaintiff said he “stay[s] up in [his] room” because if “people talk to [him] too much, it just
16 causes anxiety.” AR 49. Plaintiff has a “good day” about twice a week, and a “bad day” twice a
17 week, with the remaining days “somewhere in the middle.” AR 49-50.

18 Furthermore, Plaintiff reported that he does not “have any hobbies anymore.” AR 50.
19 Although he used to do karate and fencing, he stopped engaging in these hobbies a year before
20 the hearing because they became “stressors, not de-stressors.” AR 50. Plaintiff stated he had
21 been doing volunteer work tutoring children, but stopped three months prior to the hearing. AR
22 50-51. Plaintiff testified his wife drives him and takes care of the bills. AR 48.

1 With respect to his physical abilities, Plaintiff stated he can lift 30 pounds for about two
2 to three hours per day. AR 54. He also reported he can stand and walk for three hours during the
3 day. AR 54.

4 In a "Function Report - Adult," dated October 4, 2016, Plaintiff reported similar issues.
5 AR 266-80. For example, he reported difficulty sleeping, a headache upon waking, irritability
6 when engaging with others, and panic attacks lasting 1-2 hours. AR 266, 270. Plaintiff, as he did
7 at the hearing, reported that his daily activities depend on whether he has a "good" or "bad" day.
8 *See* AR 268, 272. Plaintiff reiterated that he no longer has hobbies and does not help with
9 housework. AR 270, 272. Plaintiff sees friends "once or twice a month," and attends church
10 "about every other service." AR 273. Moreover, Plaintiff wrote that he can walk for 30 minutes
11 before needing to stop and rest, and can "pay attention" for 1 to 4 hours "depending on the day."
12 AR 274. In his physical abilities, Plaintiff reported limitations in his ability to lift, squat, stand,
13 reach, walk, sit, kneel, and climb stairs. AR 274.

14 The ALJ found Plaintiff's "medically determinable impairments could reasonably be
15 expected to cause the alleged symptoms." AR 19. However, Plaintiff's "statements concerning
16 the intensity, persistence and limiting effects of these symptoms are not entirely consistent with
17 the medical evidence and other evidence in the record[.]" AR 19. Specifically, the ALJ
18 discounted Plaintiff's subjective symptom testimony (1) in light of his daily activities, (2)
19 because of statements he made indicating he believed he could work, and (3) due to the objective
20 medical evidence. AR 19-23.

21 First, the ALJ found Plaintiff's activities "indicate greater functioning" than Plaintiff
22 alleged. AR 22. The ALJ went on to state:

23 For example, in September 2015, the claimant reported that he had "not found a
24 better job since leaving his former job" and he did not qualify for unemployment

1 benefits. The claimant said that he taught some karate classes for one of his
2 daughters, and that the activities helped relieve some stress. In October 2015, the
3 claimant reported helping with the homeschooling of his daughters to keep busy.
4 In April 2016, the claimant reported attending community meditation classes
several times per week. In August 2016, he reported going to church and friends'
houses regularly. These activities are not consistent with the claimant's
allegations of anxiety so severe that it rendered him nearly homebound.

5 AR 22 (internal citations omitted).

6 There are two grounds under which an ALJ may use daily activities to form the basis of
7 an adverse credibility determination: (1) whether the activities contradict the claimant's other
8 testimony, and (2) whether the activities of daily living meet "the threshold for transferable
9 work skills." *Orn v. Astrue*, 495 F.3d 625, 639 (9th Cir. 2007). In this case, the ALJ referred to
10 the first ground by claiming Plaintiff's activities were inconsistent with his allegations of
11 anxiety. *See* AR 22. Nonetheless, the record does not support the ALJ's finding that Plaintiff's
12 activities were inconsistent with his testimony. As an initial matter, the Court notes it is
13 unclear how Plaintiff's statements that he had "not found a better job" and did not qualify for
14 unemployment benefits undermine his allegations in relation to his daily activities. Thus, the
15 ALJ's bare statement was not a clear and convincing reason to reject Plaintiff's testimony. *See*
16 *Blakes v. Barnhart*, 331 F.3d 565, 569 (7th Cir. 2003) ("We require the ALJ to build an accurate
17 and logical bridge from the evidence to [his] conclusions so that we may afford the claimant
18 meaningful review of the SSA's ultimate findings.").

19 The ALJ's remaining statements regarding Plaintiff's activities are not supported by
20 substantial evidence in the record. While the ALJ claimed Plaintiff's ability to teach karate
21 classes undermined his allegations that he was "nearly homebound," this finding is contrary to
22 Plaintiff's testimony, in which he stated he stopped teaching karate a year before the hearing
23 because it increased his stress. *See* AR 22, 50. Additionally, although Plaintiff reported he
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1 sometimes helps homeschool his daughters, the Court finds Plaintiff's ability to *homeschool*
2 his daughters not inconsistent with his allegations that he struggles to leave his *home*. *See* AR
3 22, 494.

4 Moreover, the ALJ found Plaintiff's report in April 2016 that he attended community
5 meditation classes "several times per week" inconsistent with his testimony that he was "nearly
6 homebound." *See* AR 22, 438. Yet Plaintiff did not, as the ALJ claimed, classify himself as
7 "nearly homebound"; rather, Plaintiff reported he has "good days" and "bad days," and is able
8 to leave the house on a good day. *See* AR 47-48. The Ninth Circuit has "emphasized while
9 discussing mental health issues, it is error to reject a claimant's testimony merely because
10 symptoms wax and wane in the course of treatment." *Garrison v. Colvin*, 759 F.3d 995, 1017
11 (9th Cir. 2014). Given the context of Plaintiff's testimony and relevant case law, Plaintiff's
12 purported ability to attend meditation classes is not necessarily inconsistent with his testimony.

13 The Court also notes the record is unclear as to whether Plaintiff actually attended
14 meditation classes "several" times per week. The record the ALJ cited indicates Plaintiff
15 reported to a treatment provider on April 6, 2016 that he had "started" attending community
16 meditation classes. *See* AR 438. But thereafter, on April 28, 2018, Plaintiff reported to another
17 treatment provider that he "*plans* to attend a weekly meditation group." AR 383 (emphasis
18 added). Subsequent mental health treatment records do not indicate whether Plaintiff attended
19 the meditation classes. *See* AR 384-97.⁷ Hence, on this record, it is unclear whether Plaintiff
20 actually attended meditation classes "several" times per week. The Court therefore finds this

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22 ⁷ Although Plaintiff periodically attended "group therapy" sessions with other veterans, the record indicates
23 he attended "post-deployment" group therapy, "PTSD symptom management skills" group therapy, and a "CPAP
24 skills" group. *See* AR 398-408, 414-19, 423-28. As such, the record indicates these group sessions are distinct from
the "community meditation classes" the ALJ purported Plaintiff attended.

1 conclusion from the ALJ – based on a single record that conflicts with subsequent records –
2 not supported by substantial evidence in the record.

3 Lastly, even though Plaintiff reported going to church and friends’ houses, he did not
4 report doing so “regularly,” as the ALJ claimed. Rather, the report the ALJ cited indicates
5 Plaintiff reported seeing his friends “once or twice a month,” and attending “about every other”
6 church service. AR 273. This report is again not inconsistent with Plaintiff’s testimony about
7 his ability to leave the house on a “good” day. AR 47-48. In all, the ALJ’s finding that
8 Plaintiff’s activities were inconsistent with his testimony is not clear and convincing nor
9 supported by substantial evidence.

10 Second, the ALJ rejected Plaintiff’s subjective symptom testimony because Plaintiff
11 “made numerous statements that indicate he believed he was able to work.” AR 22-23. The
12 ALJ wrote:

13 For example, in November 2015, the claimant reported that he was gradually
14 looking at moving back into the workforce if he could find something low
15 stress, which is consistent with the residual functional capacity assessment set
16 forth above. In July 2016, the claimant met with a vocational rehabilitation
17 specialist at the VA who noted his report that he wanted a job with computers
18 and retraining. The claimant reported that he was not interested in looking for
work because of his panic attacks, but later reported that his therapist thought it
might be good for him to go to. He subsequently reported that he had been
considering alternatives to returning to work in management, and was working
on his hobby of blacksmithing and making knives. In August 2016, the claimant
reported that he was doing more outside the house and was looking for work.

19 AR 22-23 (internal citations omitted).

20 To support this finding from the ALJ, Defendant relied upon the Ninth Circuit’s case
21 law regarding unemployment benefits and disability claims. Dkt. 11, pp. 11-12. An ALJ may
22 reject a claimant’s testimony if the evidence establishes the claimant, in order to receive
23 unemployment benefits, considered himself capable of work and held himself out as available
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1 for work. *See Copeland v. Bowen*, 861 F.2d 536, 542 (9th Cir. 1988). However, an ALJ may not
2 reject a claimant’s testimony based upon the receipt of unemployment benefits where the record
3 “does not establish whether [the claimant] held himself out as available for full-time or part-time
4 work,” as “[o]nly the former is inconsistent with . . . disability allegations.” *See Carmickle*, 533
5 F.3d at 1161-62; *see also Mulanax v. Comm’r of Soc. Sec. Admin.*, 293 Fed. Appx. 522, 523 (9th
6 Cir. 2008).

7 Here, Defendant does not cite – nor does the Court find – any case applying this
8 reasoning outside of the unemployment benefits context. *See id.* But even assuming such case
9 law could apply outside of this context, the ALJ’s findings are unsupported by substantial
10 evidence in the record. Most notably, the records the ALJ cited about Plaintiff’s statements do
11 not indicate whether Plaintiff held himself out as capable of performing full-time or part-time
12 work. *See* AR 22-23 (citing AR 386, 399, 409-10). Rather, the records the ALJ cited reflect
13 that while Plaintiff periodically reported he was interested in working, his statements were
14 brief and did not establish whether he was interested in part-time or full-time work. *See* AR
15 386 (“[Plaintiff] is looking for work”); AR 399 (“[Plaintiff] shared that he has been
16 considering alternatives to returning to work in management”); AR 409 (“[Plaintiff] shared
17 that he [sic] gradually looking at moving back into the workforce if he can find something with
18 low stress”), AR 409-10 (Plaintiff stating his therapist said it “might be good” for him to work,
19 although he was “in a contemplative age but not sure if he is motivated to look for work . . . he
20 thinks he would like to give it a try”).

21 Further, in the August 2016 psychotherapy record the ALJ cited, Plaintiff did – as the
22 ALJ found – state he was “looking for work.” AR 386. Yet the ALJ failed to consider that
23 Plaintiff stated earlier in that same therapy session that he could “likely work part time[.]” AR
24

1 385. Thus, the Court finds the evidence in the record does not rise to a clear and convincing
2 reason on which the ALJ could reject Plaintiff's testimony. *See Carmickle*, 533 F.3d at 1161-62
3 (where the record "does not establish whether [the claimant] held himself out as available for
4 full-time or part-time work," such a "basis for the ALJ's credibility finding is not supported by
5 substantial evidence," as "[o]nly the former is inconsistent with his disability allegations");
6 *Rodriguez v. Berryhill*, 2017 WL 3575534, at *6 (W.D. Wash. Aug. 18, 2017) (finding
7 insufficient evidence to reject plaintiff's testimony on her receipt of unemployment benefits
8 because the record did not establish she held herself out for full-time work, but only that she
9 would accept "suitable" work); *Hamadi v. Colvin*, 2017 WL 1381813, at *6 (W.D. Wash. April
10 18, 2017) (holding the ALJ could not reject plaintiff's testimony where "the ALJ failed to cite
11 any affirmative evidence in the record showing plaintiff certified, or otherwise indicated that she
12 was actually able to work full-time. . . . In fact, the record is devoid of any evidence" indicating
13 plaintiff "in fact held herself out as being able to work full-time").

14 Third, the ALJ discounted Plaintiff's subjective symptom testimony because he found
15 Plaintiff's testimony not supported by the objective medical evidence. *See* AR 19-22. A
16 claimant's pain testimony cannot be rejected "solely because the degree of pain alleged is not
17 supported by objective medical evidence." *Orteza v. Shalala*, 50 F.3d 748, 749-50 (9th Cir.
18 1995) (quoting *Bunnell v. Sullivan*, 947 F.3d 341, 346-47) (9th Cir. 1991) (en banc)). This is true
19 for a claimant's other subjective complaints, as well. *Byrnes v. Shalala*, 60 F.3d 639, 641-42 (9th
20 Cir. 1995) (holding that, although *Bunnell* was couched in terms of subjective complaints of
21 pain, its reasoning extends to non-pain complaints). Because this is the only remaining reason for
22 discounting Plaintiff's testimony, this is not sufficient to discount Plaintiff's testimony.

1 Because the ALJ erred in his assessment of Plaintiff's subjective symptom testimony, the
2 Court must determine whether this error was harmless. Harmless error principles apply in the
3 Social Security context. *Molina v. Astrue*, 674 F.3d 1104, 1115 (9th Cir. 2012). An error is
4 harmless only if it is not prejudicial to the claimant or "inconsequential" to the ALJ's "ultimate
5 nondisability determination." *Stout v. Comm'r of Soc. Sec. Admin.*, 454 F.3d 1050, 1055 (9th Cir.
6 2006); *see also Molina*, 674 F.3d at 1115. The determination as to whether an error is harmless
7 requires a "case-specific application of judgment" by the reviewing court, based on an
8 examination of the record made "'without regard to errors' that do not affect the parties'
9 'substantial rights.'" *Molina*, 674 F.3d at 1118-1119 (quoting *Shinseki v. Sanders*, 556 U.S. 396,
10 407 (2009) (quoting 28 U.S.C. § 2111)).

11 In this case, had the ALJ properly considered Plaintiff's testimony, the RFC and
12 hypothetical questions posed to the vocational expert ("VE") may have contained additional
13 limitations. For example, the RFC and hypothetical questions may have included social
14 limitations, given Plaintiff's testimony about irritability and stress when he engages with others.
15 The RFC and hypothetical questions may have also contained limitations accounting for the
16 morning "mental fog" and headaches Plaintiff reported. The RFC and hypothetical questions did
17 not contain these limitations. *See* AR 19, 59-67. Because the ultimate disability determination
18 may have changed with proper consideration of Plaintiff's testimony, the ALJ's error is not
19 harmless and requires reversal.

20 **V. Whether the ALJ provided germane reasons for rejecting the lay witness**
21 **testimony.**

22 Plaintiff asserts the ALJ failed to provide any germane reason to reject lay witness
23 testimony from Plaintiff's wife. Dkt. 8, pp. 15-18.
24

1 Lay testimony regarding a claimant's symptoms "is competent evidence that an ALJ must
2 take into account." *Lewis*, 236 F.3d at 511. As such, lay witness testimony "cannot be
3 disregarded without comment." *Nguyen v. Chater*, 100 F.3d 1462, 1467 (9th Cir. 1996) (citations
4 omitted). To reject lay witness testimony, the ALJ must "expressly" disregard such testimony
5 and provide "reasons germane to each witness for doing so." *Lewis*, 236 F.3d at 511. In rejecting
6 lay testimony, the ALJ need not cite the specific record as long as "arguably germane reasons"
7 for dismissing the testimony are noted, even if the ALJ does "not clearly link his determination
8 to those reasons," and substantial evidence supports the ALJ's decision. *Id.* at 512.

9 On October 17, 2016 Plaintiff's wife submitted a third-party function report on his
10 behalf. AR 281-96. In pertinent part, Plaintiff's wife reported Plaintiff was unable to work
11 because his medications make him "sleepy, dizzy, nauseous," and sometimes cause diarrhea. AR
12 281. Plaintiff's wife wrote Plaintiff does not "get enough sleep on a regular basis." AR 282.
13 Plaintiff gets confused, has difficulty focusing, and cannot follow directions. AR 289. Plaintiff's
14 wife determined Plaintiff needs reminders to change into clean clothes, bathe, care for himself,
15 shave, and feed himself. AR 282. Further, Plaintiff's wife stated Plaintiff cannot go out alone
16 because he gets panic attacks, suffers from anxiety, and sometimes forgets what he is supposed
17 to do. AR 284. In addition, Plaintiff's wife reported Plaintiff does not pay bills because he does
18 not pay on time and cannot handle savings account or other finances. AR 284.

19 Regarding Plaintiff's hobbies and interests, Plaintiff's wife wrote he used to do house
20 projects, karate, go scuba diving, and play board games. AR 285. However, Plaintiff no longer
21 engages in these activities because he does not "have the energy" and does not "want to be in a
22 crowd. . . . He mostly want [sic] to be quiet and avoid talking to people." AR 285; *see also* AR
23 291 (noting Plaintiff does not "want to be in a crowd," cannot "handle loud noises," and suffers
24

1 from mood swings and irritability). Plaintiff's wife also wrote Plaintiff may talk on the phone,
2 meet with friends, or go to church once or twice a month. AR 285.

3 Plaintiff's wife determined Plaintiff has limitations in his ability to lift, squat, stand,
4 reach, walk, sit, kneel, talk, and climb stairs. AR 286, 293-94. Moreover, Plaintiff's wife
5 reported limitations in his memory and ability to complete tasks, concentrate, understand, follow
6 instructions, and get along with others. AR 286, 293-94. She wrote Plaintiff can walk for 30
7 minutes before needing to stop and rest, and needs to rest for 2-3 hours before walking again. AR
8 286. Additionally, Plaintiff does not follow spoken instructions well, and cannot handle being
9 "boss[ed]" around "too much." AR 286. Plaintiff's wife reported Plaintiff got fired from a
10 position in 2007 due to problems getting along with others. AR 286. Plaintiff does not handle
11 changes in routine well because he gets "easily" confused. AR 287. Plaintiff's wife wrote
12 Plaintiff "easily get [sic] furious" at "simple things." AR 287. Furthermore, she reported several
13 side-effects caused by Plaintiff's medications, including dizziness, drowsiness, and nausea. AR
14 287-88.

15 The ALJ summarized the testimony from Plaintiff's wife, and then stated:

16 The residual functional capacity assessment set forth above for light work with a
17 sit/stand opinion in a low-stress environment and a limitation to simple, routine,
18 repetitive tasks adequately accounts for many of [Plaintiff's wife's] observations
19 and concerns. However, her statement is not entirely persuasive or given great
20 weight because (1) it is not consistent with the medical evidence that documents
21 improvement with treatment and generally unremarkable mental status and
22 physical examination findings. (2) Moreover, the claimant's wide range of
23 activities, including assisting in homeschooling, teaching karate, performing
24 blacksmithing, and looking for work are not consistent with the extent of the
symptoms and limitations noted by [Plaintiff's wife].

AR 24 (numbering added).

The ALJ provided two reasons for finding the testimony from Plaintiff's wife
unpersuasive. First, the ALJ determined Plaintiff's wife's testimony was "not consistent" with

1 the medical evidence indicating improvement with treatment and generally unremarkable
2 examinations. AR 24. Generally, an ALJ may discredit lay testimony if it conflicts with the
3 medical evidence. *Lewis*, 236 F.3d at 511 (citation omitted). Nevertheless, an ALJ errs when he
4 rejects an opinion while “criticizing it with boilerplate language that fails to offer a substantive
5 basis for his conclusion.” *Garrison*, 759 F.3d at 1012-13 (citing *Nguyen*, 100 F.3d at 1464). In
6 other words, “[t]he ALJ must provide an explanation for his determination.” *McCann v. Colvin*,
7 111 F.Supp.3d 1166, 1175 (W.D. Wash. 2015) (citing *Nguyen*, 100 F.3d at 1467).

8 In this case, the ALJ determined that the testimony from Plaintiff’s wife was inconsistent
9 with the medical evidence showing improvement with treatment and the “generally
10 unremarkable” examinations in the record. AR 24. Nonetheless, the ALJ failed to provide any
11 reasoning regarding how Plaintiff’s alleged improvement and examinations undermined
12 Plaintiff’s wife’s testimony. As the ALJ failed to provide any explanation to support this finding,
13 the Court cannot determine this was a germane reason, supported by substantial evidence, for
14 rejecting this testimony. *See Popa v. Berryhill*, 872 F.3d 901, 908 (ALJ did not properly reject lay
15 testimony where he found the lay testimony “conflicted with other medical evidence in the
16 record” but “provided little illumination of this alleged contrast”); *Gilbert v. Colvin*, 2015 WL
17 4039338, at *5 (W.D. Wash. July 2, 2015) (ALJ did not provide a sufficiently specific reason to
18 discredit lay testimony where he did not give “any idea as to what in the medical evidence was
19 inconsistent” with the testimony).

20 Second, the ALJ found Plaintiff’s activities were inconsistent with the testimony from
21 Plaintiff’s wife. AR 24. An ALJ may properly discount lay witness testimony if the claimant’s
22 activities are inconsistent with the witness’s opinion. *See Carmickle*, 533 F.3d at 1164. Yet here,
23 the ALJ again failed to provide any reasoning as to how the listed activities contradict the
24

1 testimony from Plaintiff's wife.⁸ See AR 24. Given the ALJ's lack of explanation, the Court cannot
2 determine the cited activities are, as the ALJ claimed, inconsistent with "the extent of the
3 symptoms and limitations" described by Plaintiff's wife. See AR 24. Thus, this was not a
4 germane reason, supported by substantial evidence, to support his assertion. See *Popa*, 872 F.3d at
5 908 (ALJ did not provide germane reasons for discounting lay testimony when he failed to
6 explain how the claimant's daily activities contradicted the lay testimony); *McCann*, 111
7 F.Supp.3d at 1175 (ALJ failed to provide specific, germane reasons for discounting a lay opinion
8 when the ALJ provided no explanation as to how the opinion was inconsistent with the overall
9 medical record, the claimant's daily activities, and his work history).

10 For the above stated reasons, the Court concludes the ALJ failed to provide germane
11 reasons supported by substantial evidence for discounting the testimony from Plaintiff's wife.
12 Therefore, the ALJ erred. Had the ALJ properly considered this testimony, the RFC and the
13 hypothetical questions posed to the VE may have included additional limitations. As the ultimate
14 disability decision may have changed, the ALJ's error is not harmless. See *Molina*, 674 F.3d at
15 1115.

16 On remand, if the ALJ intends to find Plaintiff's wife's testimony as inconsistent with the
17 medical evidence or Plaintiff's activities, the ALJ is directed to explain how these aspects of the
18 record contradict her testimony.

23 ⁸ Furthermore, the ALJ's finding that Plaintiff teaching karate contradicted the testimony from Plaintiff's wife
24 is unsupported by the record, as she reported – and he testified – he no longer does karate. See AR 50, 285.

Lastly, Plaintiff maintains the ALJ’s RFC assessment was legally erroneous, and as such, the ALJ failed to meet his burden at Step Five of the sequential evaluation process. Dkt. 8, pp. 18-19.

CONCLUSION

Dated this 13th day of November, 2018.

David W. Christel
United States Magistrate Judge